

Board of Certification and state medical boards that require licensure for certified athletic trainers to meet the standards of state practice or title protection acts.

The Department offers majors in Physical Education leading to Teacher Licensure, Athletic Training, Exercise Science, and Sport Management with an emphasis in Marketing,

Student Organization

Sigma Delta is an academic fraternity that desires to improve scholarship and professional development among physical education students. Membership is open to any student attending Union who is seeking a degree (major or minor) in physical education or related field. To be eligible, a student must have completed at least one semester of college work with a 2.75 overall GPA and 3.25 in physical education.

Student Awards

Academic medals will be given to the outstanding graduate in each PEWS discipline. Faculty will vote when multiple students are eligible for the academic achievement medal for a discipline. Students are honored at awards day in the spring, or at the graduation ceremony for December or summer graduates.

Course Offerings in Physical Education, Wellness, and Sport (PEWS)

() Hours Credit; F-Fall; W-Winter; S-Spring; Su-Summer

100. Fitness for Health (1) F, W, S

The effects of good personal fitness on each individual, of fitness training on the various systems of the body and how the body responds to exercise will be areas of emphasis. Includes lecture and selected physical activities which are designed to aid each student in achieving a greater degree of total body fitness.

103. Beginning Swimming (1)

A course to equip the non-swimmer with basic water safety skills and knowledge in order to make him/her reasonably safe while in, on, or about water.

104. Racquetball (1) F, W, S

Beginning skills, rules and strategy. A life-time sport that will focus on health development through vigorous activity.

105. Intermediate Swimming (1)

Prerequisite: PEWS 103.

For deep-water swimmers to familiarize the student with safety rules, and skills, recreational possibilities, and physiological benefits of swimming. Emphasis is on mastery of basic strokes necessary to be a safe and competent swimmer.

106. Tennis (1) As Needed

107. Bowling (1) W

Introduction to the rules, techniques, scoring, and etiquette of bowling.

108. Walking for Fitness (1) F, W, S, Su

Walking as a form of exercise to develop fitness. Both knowledge and practice of the health benefits of walking are emphasized. Course may be repeated once for an additional credit requiring research and a higher level of activity.

109. Pure Barre Fitness (1) F, S

Basics of Pure Barre Fitness as a method of gaining strength. Proper techniques, safety, benefits, and risks will be presented during the course. Taught by demonstration and participation.

110. Volleyball (1) W

111. Badminton (1) F, S

112. Mountain Biking (1) F, S

113. Elementary Nutrition (3) S

Elementary principles of nutrition and their application to the individual and the family.

115. Snow Skiing (1) As Needed

An introduction to skills, proper dress, safety, and conditioning techniques; application of skills learned through a week-long field trip.

116. Canoe and White Water Rafting (1) As Needed

An introduction to develop skills and provide proper instruction in the areas of safety.

117-27. Karate I (1) F, S and Karate II (1) S

Prerequisite to 127: PEWS 117 or consent of instructor.

Blocks, kicks, strikes, punches and necessary stances for execution will be taught to develop skill, strength, and general health.

119. Archery (1) W

120. Team Sports (1) F

Fundamental skills, rules, techniques, and strategy of team sports.

121. Golf (1) As Needed

The fundamentals of golf: basic strokes, strategies, rules, and etiquette as taught for skill development and health values. Instruction primarily by demonstration.

122. Weight Training (1) F, S

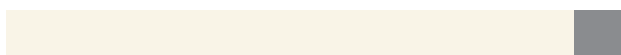
Basics of weight training as a method of gaining strength: proper techniques, safety, benefits and risks. Taught by demonstration and participation.

125. Scuba Diving (1)

Introduction to scuba diving and snorkeling including safety, technique, and equipment use and care. Scuba certification is possible upon completion.

126. Advanced Tennis (1) As Needed

An advanced level course designed to teach advanced skills and techniques for tennis as taught through conditioning, drills and match play.



331. Methods and Materials for Recreation Leaders (3) F—
As Needed

Practical methods and resources for recreation practitioners. Attention will be given to conducting recreational programs, creativity, and a variety of recreation projects.

425. Current Issues in Sport (3) F

Contemporary trends and controversial issues in sport with an emphasis on finance, management, ethics, sociology, marketing and legal issues. Includes an ongoing review of sport business journals and publications as well as event coverage.

431. Church Ministry Internship/Field Experience (3) As Needed

A full semester in a local church recreation program, YMCA or FCA. The student will direct a lock-in, organize a day

Professional Athletic Training Major and Program

Mission Statement

The purpose of Union's Professional Athletic Training program is to challenge its students to become highly effective health care professionals incorporating both professional and spiritual growth in their life plans. To that end, the mission of the AT Program is to prepare students to be competent and proficient athletic trainers by providing comprehensive education in the Foundation Behaviors of Professional Practice; the 8 competency content areas set forth by the 5th Edition of the Athletic Training Education Competencies; and the BOC Standards of Professional Practice. The Program faculty believes in providing students with enriching educational experiences which foster personal growth, communication skills, critical thinking skills and professional ethics.

Curriculum

Accreditation

The Professional Athletic Training Program of Union University is accredited by the Commission on Accreditation of Athletic Training Education (CAATE).

Admission Requirements

- All applicants must apply, be accepted and admitted to Union University.
- The following courses are pre-/corequisite courses for admission into the Professional Athletic Training Program: PEWS 113, PEWS 170, PEWS 222, PEWS 240. Preference will be given to students who completed or are "in progress" in all four courses at the time of application. These courses must be completed with a grade of B (3.0 on a 4.0 scale) or better to meet retention standards of the Professional Athletic Training Program. Retention standards can be viewed in the Athletic Training Handbook.
- All applicants must present a cumulative grade point average of 2.75 on a 4.0 scale.
- All applicants must submit to the Program Director a

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Course Offerings in Athletic Training (AT)

() Hours credit; F–Fall; W–Winter; S–Spring; Su–Summer

170. Taping and Risk Management (1) F

An introduction to basic taping, preparation, wrapping and

Clinical Courses

Each clinical course carries out a modular approach to the development of clinical skills for athletic training education per the NATA Athletic Training Education Competencies