



Knowing education is a continuous process, the program creates and maintains an environment through movement experiences where values clarification and experiential learning occur; leadership develops; a serving attitude, lifestyle, and commitment are fostered; and problem-solving opportunities exist.

The Department offers majors in Physical Education leading to Tennessee Teacher Licensure, Athletic Training, Exercise Science/Wellness, and Sport Management with an emphasis in Marketing, Communication, and Ministry. The Physical Education Major requires the completion of the Professional Education Minor as noted below. Athletic Training, Exercise Science/Wellness and Sport Management are exempt from the requirement for a minor.

- I. Major in Physical Education and Health with Teacher Licensure in PE (Grades K–12)*
 - A. Major requirements—33 hours
 - 1. Select one of: PEWS 103, 105, or 203.
 - 2. Select one of: PEWS 104, 110, 111, 119.
 - 3. PEWS 120, 130, 201, 222, 316, 324, 350, 410, 414, 415, 416, 419.
 - *If licensure is not desired in this major, see Department Chair or Registrar for approval of program.
 - B. Professional Education:
 - 1. Prior to Internship – EDU 150, EDU 305, PSY 213, PSY 318, PSY/SE 230.
 - 2. Fall of Internship Year – EDU 306, 340, 421, 440
 - 3. Spring of Internship Year – EDU 441 and 451
 - 4. CSC 105 is required in the BA core
 - C. Completion of applicable portions of the Praxis II series.
 - E. For additional information, see the Assistant Dean for Teacher Education and Accreditation.
 - F. Prerequisite: BIO 221 or 222, and MAT 114
- II. Major in Exercise Science/Wellness
 - A. General and B.S. Specific Core Science requirements: BIO 221, 222
 - B. BIO 322, CHE 111 and PHY 213 are recommended.
 - C. Exercise Science Emphasis—51 hours
 - 1. PEWS 113, 218, 222, 240, 324, 333, 343, 410, 414, 415, 416, 433
 - 2. Emphasis requirements—15 hours
 - a. Choose any three activity classes
 - b. PEWS 435 (6 hours), 461
 - c. PSY 330
 - D. Recommended electives toward fitness management: PEWS 342, 419; FIN 320; MGT 318; MKT 328, 350.
- III. Major in Athletic Training—73 hours
 - A. PEWS 113, 170, 218, 222, 240, 414, 415, 461
 - B. AT 170, 265, 275; PSY Elective; BIO 300.
 - C. AT 318, 350, 360, 361, 370, 460, 461, 462, 463
 - D. AT 365, 375, 465, 475
 - E. Other requirements satisfied through General and Specific Core requirements: BIO 221-2; 322; PHY 111 or 213.

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203. Lifeguard Training (1) S
A course to provide the strong swimmer with the knowledge and skills designed to save his/her own life or the life of another in the event of emergency.
205. Sport Media (3) S
Reciprocal credit: COM 205.
The history of event coverage of print and electronic media as well as fundamentals of sport coverage, broadcast rights, contracts and their effects on revenue stream.
218. Athletic Injuries (3) F, W
Theory and practice of recognizing, identifying, and treating common injuries in PE and athletics with attention to upper and lower extremities and spine.
222. First Aid (3) F, S, Su
The nature of injury and immediate care required: bandaging and cardio-pulmonary resuscitation will be studied as well as all general First Aid practices. Students completing the course will earn first aid/CPR certification.
230. Outdoor Education and Hunter Safety (3) On Demand
Outdoor activities: camping, hunting, backpacking, field safety, survival, wildlife management, conservation, skeet shooting, compass reading, archery, and rifle range. Stresses outdoor ethics and responsibility. The Tennessee Hunter Safety program is included.
231. Camping and Outdoor Recreation (3) S
A course preparing students to lead in outdoor recreation activities; campcraft skills, safety, and techniques will be taught for the beginning camper as well.
240. Introduction to Sports Medicine (3) F, S
Emphasis on the global approach to sports medicine and contemporary topics with attention to the basis of sports medicine, physiology of activity.
250. Introduction to Recreation (3) As Needed
Foundations in recreation, introducing students to its nature and philosophy to include a study of Southern Baptist literature from the Church Recreation Department and general programs of recreation.
251. Recreational Sports and Games (3) F
High and low organizational games classified according to age levels for playground and recreation. Special activities and recreation, drama, indoor/outdoor games, songleading, storytelling, and mixers. Includes an on-campus practicum.
300. Sport Sociology (3) S—Even Years
Reciprocal credit: SOC 300.
Application of sociological principles to sport and athletics. Exploration of sport as a social institution in American society and how it is an agent of social change.
301. Drug Education (3) F, Su
Psycho-social, medical, legal, and health aspects of drugs and their abuse, plus a current analysis of the problem in our society.
316. Physical Education in the Elementary Schools (3) F, W
Techniques of teaching and curriculum planning including selection of materials suitable for different age levels in Grades 1-8. Movement Education concepts are stressed.
317. Organization and Administration of Intramural/ Recreation Sports (3) As Needed
Planning, organizing, and directing a coordinated program of recreation within a school. Attention is given to units, time, activities, points, awards, rules, finances, publicity, co-recreation, and administrative problems.
319. Officiating Major and Minor Sports (2) As Needed
Techniques and mechanics of officiating and interpreting the official rules of major sports. This course will prepare you for membership in local and state officials' associations.
320. Sport Ministry and Recreation Management (3) F
Reciprocal Credit: CHR 320.
A course which focuses on the Great Commission and how Sports/Recreation activities can be used as a bridge to fulfill such. This course will provide students with the foundational

433. Strength, Conditioning, and Human Performance (3) F

Strength and conditioning practices that supplement the science learned in exercise physiology and kinesiology. This class is designed to prepare students for gaining certifications in ACSM, NSCA, or personal fitness.

435. Intern (1-6) F, S, or Accel. Su, W, Su (1-4)

Internship opportunities under appropriate supervision for a specified time, with specific requirements determined by the department supervisor(s). 35 clock hours internship experience required for each hour of credit. One credit hour must be done on campus. Prerequisite: Junior standing and consent of the department.

461. Exercise Testing and Prescription (3) S
Corequisite: PEWS 415.

A study of the controlled use of exercise to evaluate the fitness level, especially the cardiovascular function of persons, specifically those in middle and older age groups. Emphasis will be placed on the scientific basis of recommending exercise programs as a prevention of heart disease. Concepts of exercise testing and prescription will follow the guidelines of the American College of Sports Medicine.

The mission of Union's Athletic Training Education Program is to challenge its students to become highly effective allied health care professionals and leaders in the Christian community, incorporating both professional and spiritual growth in their life plans. Union incorporates into the foundation of education the equally important components of being *Christ centered, people focused, excellence driven and future directed*. The Union University athletic training student will study in a Christ centered atmosphere that challenges students to develop spiritually and intellectually so they can serve professionally in their community as Certified Athletic Trainers and become spiritual leaders in the church. Union University's athletic training students are exposed to a dynamic scholastic environment that fuses the medical sciences with Christian faith, ethics and accountability in a variety of clinical settings including intercollegiate athletics, high school athletics, orthopedic, physical therapy and general medicine venues, and other allied health care communities.

The Athletic Training Program of Union University is accredited by the Commission on Accreditation of Athletic Training Education (CAATE).

- All applicants must apply, be accepted and admitted to Union University.
- All applicants must complete or be currently enrolled in PEWS 240 Introduction to Sports Medicine or PEWS 218 Care and Prevention of Athletic Injuries and complete the course with a grade of B (3.0 on a 4.0 scale) or better to meet the retention standards of the Athletic Training Education Program. Applicants must also complete PEWS 113, 170 and 222.
- All applicants must present a cumulative grade point average of 2.5 on a 4.0 scale.
- All applicants must submit to the Program Director a completed application for admission to the Athletic Training Education Program by the deadline of April 1 for formal enrollment in the following fall semester. Applications that are received after this date will be considered based on the maximum enrollment space available in the Athletic Training Education Program.
- All applicants must submit a current transcript from all institutions that they have previously attended.
- Criminal background check and drug screening clearance is mandatory for program admission.
- If the number of applicants outnumbers the program's spaces available, the prospective students will be asked to meet with the ATEP faculty for a formal interview.

Acceptance in Union University's Athletic Training Education Program (ATEP) involves a selective process of competitive program admission. Prospective students may declare their major to be athletic training upon entrance to Union University, but each student must still be formally admitted to the ATEP before entering into the clinical phases of the sequential curriculum. Candidates must meet all criteria for acceptance in the program. A student may complete all criteria for admission but that does not guarantee acceptance into the program. Prospective candidates must submit the formal application to the Program Director of athletic training education by April 1 of each year to be considered for fall enrollment. All applicants will be ranked in accordance with their performance in the following categories: (1) overall GPA, (2) success in pre-requisite

Each clinical course carries out a modular approach to the development of clinical skills for athletic training education per the NATA Athletic Training Education Competencies for Athletic Training Education Programs, Fourth Edition. The student is required to demonstrate clinical proficiency in cognitive and psycho motor competencies that are presented in the prerequisite coursework. Clinical education also requires an evaluation of the field experience.

265. Athletic Training Clinical I (3) F
Pre/Corequisite: PEWS 218, 240.
Basic Skills: the development of first year clinical skills and their assessment.

275. Athletic Training Clinical II (3) S
Pre/Corequisite: PEWS 218, 240.
Risk Management: the development of first year clinical skills and their assessment.

365. Athletic Training Clinical III (3) F
Prerequisite: AT 360.
Therapeutic Modalities: the development of second year clinical skills and their assessment.

375. Athletic Training Clinical IV (3) S
Prerequisites: AT 361, 370.
Evaluation and General Medical Assessment: the development of second year clinical skills and their assessment.

465. Athletic Training Clinical V (3) F
Prerequisite: AT 460.
General Medicine and Pharmacology/Therapeutic Exercise and Rehabilitation and Senior Practicum: the development of third year clinical skills and their assessment.

475. Athletic Training Clinical VI (3) S
Prerequisites: AT 350, 455.
Professional Preparation and Senior Seminar: the development of third year clinical skills and the assessment of clinical proficiencies.

Available in each departmental prefix.