

Sport hopes to instill in its student majors a lifetime desire to help others gain in total health through the medium of human movement. Curriculum is designed accordingly.

For the entire student body, our task is to introduce them to knowledge and skills in order to develop a healthy lifestyle for optimum living.

## Curriculum

Matt Brunet (2004). Assistant Professor of Sport Management. B.S., Indiana Wesleyan University; M.A., Wayne State University; Ed.D., Union University.

Mark Campbell (1996). Assistant Professor of Physical Education and Head Women's Basketball Coach. B.S., David Lipscomb University; M.Ed., Union University.

Kelly Elliott (2004). Assistant Professor of Physical Education. B.A., King College; M.A., East Tennessee State University; M.Ed., University of Louisville.

Jennifer Farroll (2010). Assistant Professor of Athletic Training. B.S., University of Central Florida; M.S., University of South Carolina; Additional Study, Union University.

Gary Johnson (1994). Professor of Physical Education and Head Cross Country Coach. B.S., Union University; M.S., University of Memphis; D.A., Middle Tennessee State University.

David Niven (1999). Assistant Professor of Physical Education, Wellness and Sport and Head Men's Basketball Coach. B.S.E., Oklahoma Baptist University; M.Ed., East Central University.

Cliff Pawley (2001). Assistant Professor of Athletic Training and Program Director. B.S., Southern Illinois University; M.Ed., University of Louisiana, Monroe; Ed.D., Union University.

Julie Powell (1995). Professor of Sport Management. B.S. and M.Ed., Union University; Ed.D., North-Central University.

Andy Rushing (1988). Assistant Professor of Physical Education, Head Golf Coach. B.S., Union University; M.S., University of Memphis. Additional study, United States Sports Academy.

### Staff

Teresa Thomas (2002). Secretary to the Director of Athletics and the PEWS Chair.

## Mission Statement

The Department of Physical Education, Wellness, and

The Department believes physical education to be that part of the total educational program which adds its unique contribution through the medium of activity or movement.

The Department emphasizes the acquisition of motor skills as of value for lifetime physical recreation activities, the development of socially desirable habits and attitudes, and knowledge, which contribute to the overall aims of education.

Aims of the Department are: to develop physical skills for lifetime use; to develop scientific knowledge and attitudes for optimum development of health through fitness; to cultivate socially desirable characteristics; to offer wholesome recreation; to develop ideals; to prepare teacher coaches, physical educators, certified athletic trainers, and sport managers for many career channels; and to develop the total person through physical activity.

More specifically, the Department has as its center the philosophy to develop a greater quality of life for all people. To ensure this, the faculty stress leadership and communication through each program affected. Growth and development of the individual as exposed to activity should occur. Another significant aspect of education enveloped by the department is meaningful use of leisure under the concept of wellness. Prescription programs are emphasized in exercise/wellness. Education of sport management students includes moral and ethical responsibility in the business of sport.

The Athletic Training Accreditation of Athletic Training Education

The Department offers majors in Physical Education leading to Tennessee Teacher Licensure, Athletic Training, Exercise Science/Wellness, and Sport Management with an emphasis in Marketing, Communication, and Ministry. The Physical Education Major requires the completion of the Professional Education Minor as noted below. I. Athletic Training, Exercise Science/Wellness and Sport Management are exempt from the requirement for a minor.

- I. Major in Physical Education and Health with Teacher Licensure in PE (Grades K–12)
  - A. Major requirements—33 hours
    1. Select one of: PEWS 103, 105, or 203.
    2. Select one of: PEWS 104, 110, 111, 119.
    3. PEWS 120, 130, 201, 222, 316, 324, 350, 410, 414, 415, 416, 419.
  - B. Professional Education:
    1. Prior to Internship – EDU 150, EDU 305, PSY 213, PSY 318, PSY/SE 230.
    2. Fall of Internship Year – EDU 306, 340, 421, 440
    3. Spring of Internship Year – EDU 441 and 451
    4. CSC 105 is required in the BA core
  - C. Completion of applicable portions of the Praxis II series.
  - E. For additional information, see the Assistant Dean for Teacher Education and Accreditation.
  - F. Prerequisite: BIO 221 or 222, and MAT 114
- II. Major in Exercise Science/Wellness
  - A. General and B.S. Specific Core Science requirements: BIO 221, 222
  - B. BIO 322, CHE 111 and PHY 213 are recommended.
  - C. Exercise Science Emphasis—51 hours
    1. PEWS 113, 218, 222, 240, 324, 333, 343, 410, 414, 415, 416, 433
    2. Emphasis requirements—15 hours
      - a. Choose any three activity classes
      - b. PEWS 435 (6 hours), 461
      - c. PSY 330
  - D. Recommended electives toward fitness management: PEWS 342, 419; FIN 320; MGT 318; MKT 328, 350.
- III. Major in Athletic Training—69 hours
  - A. PEWS 113, 170, 218, 222, 240, 414, 415, 461
  - B. AT 170, 265, 275; PSY Elective; BIO 300.
  - C. AT 318, 350, 360, 361, 370, 460
  - D. AT 365, 375, 465, 475
  - E. Other requirements satisfied through General and Specific Core requirements: BIO 221-2; 322; PHY 111 or 213.
  - F. Recommendations: CHE 111 and 112
- IV. Major in Sport Management—54 hours
  - A. Core for all majors—PEWS 201, 205, 300, 342, 343, 362, 400, 419, 421, 435 (6 hours)—33 hours
  - B. Sport Marketing Emphasis—21 hours
    1. PEWS 340, 425
    2. MKT 330, 328, 433
    3. ACC 211
    4. MKT or MGT Elective
  - C. Sport Communication Emphasis—21 hours
    1. COM 120 and 360
    2. Either COM 220 or 230
    3. ACC 211
    4. Electives from PEWS, COM, and MKT or MGT (3 hours from each)

- D. Sport Ministry Emphasis—21 hours
  1. CHR 113, 243, 333
  2. PEWS 251 and 320
  3. MGT 318
  4. Choose one: PEWS 231, 317, 425
- I. Minor: Physical Education—21 hours
  - A. PEWS 201, 222, 414, 416, 419—15 hours.
  - B. Select 6 Electives hours from PEWS.
- II. Minor: Physical Education (add-on teaching endorsement, PE K–12)—23 hours
  - A. PEWS 120, 130, 201, 222, 316, 410, 414, 416, 419.
  - B. BIO 221 or 222; EDU 421.
  - C. Completion of applicable portions of the Praxis II series.
  - D. For additional information, see the Assistant Dean for Teacher Education and Accreditation.
- III. Minor: Athletic Coaching—21 hours
  - A. Open only to non-PEWS majors.
  - B. PEWS 218, 414, 415, 419, 421.
  - C. Choose 6 hours from PEWS 351, 352, 353, 354.
- IV. Health Education—21 hours:
  - PEWS 113, 222, 301, 322, 324, 327; and 3 hours from: PSY 330, 328; PEWS 421/PSY 422.
- V. Health Education (add-on teaching endorsement, Health K–12)—12 hours.
  - A. PEWS 113, 222, 301, 322
  - B. Completion of applicable portions of the Praxis II series.
  - C. For additional information, see the Assistant Dean for Teacher Education and Accreditation.

## Assessment of Majors

Physical Education majors are required to take a written exit examination the semester prior to or during the semester of graduation or complete a capstone experience. The capstone experience is a course at the end of one's major in their major area of emphasis within the department of PEWS. These areas of emphases are: Athletic Training, Exercise Science/Wellness, Physical Education with teacher licensure, Sport Management-Marketing, Communication, and Ministry. Both capstone and exit exam requires a

## Course Offerings in Physical Education, Wellness, and Sport (PEWS)

( ) Hours Credit; F-Fall; W-Winter; S-Spring; Su-Summer

### 100. Fitness for Health (1) F, W, S

The effects of good personal fitness on each individual, of fitness training on the various systems of the body and how the body responds to exercise will be areas of emphasis. Includes lecture and selected physical activities which are designed to aid each student in achieving a greater degree of total body fitness.

### 103. Beginning Swimming (1) F, S

A course to equip the non-swimmer with basic water safety skills and knowledge in order to make him/her reasonably safe while in, on, or about water.

### 104. Racquetball (1) F, W, S

Beginning skills, rules and strategy. A life-time sport that will focus on health development through vigorous activity.

### 105. Intermediate Swimming (1) F

Prerequisite: PEWS 103.

For deep-water swimmers to familiarize the student with

230. Outdoor Education and Hunter Safety (3) On Demand  
Outdoor activities: camping, hunting, backpacking, field safety, survival, wildlife management, conservation, skeet shooting, compass reading, archery, and rifle range. Stresses outdoor ethics and responsibility. The Tennessee Hunter Safety program is included.

231. Camping and Outdoor Recreation (3) S  
A course preparing students to lead in outdoor recreation activities; campcraft skills, safety, and techniques will be taught for the beginning camper as well.

240. Introduction to Sports Medicine (3) F, S  
Emphasis on the global approach to sports medicine and contemporary topics with attention to the basis of sports medicine, physiology of activity.

250. Introduction to Recreation (3) As Needed  
Foundations in recreation, introducing students to its nature and philosophy to include a study of Southern Baptist literature from the Church Recreation Department and general programs of recreation.

251. Recreational Sports and Games (3) F  
High and low organizational games classified according to age levels for playground and recreation. Special activities and recreation, drama, indoor/outdoor games, songleading, storytelling, and mixers. Includes an on-campus practicum.

300. Sport Sociology (3) S—Even Years  
Reciprocal credit: SOC 300. See SOC 300 for course description.

301. Drug Education (3) F, Su  
Psycho-social, medicn <<eleg <<end mhealth atsecit of rdug

## 350. Rhythms (2) S

A practical activity course to instruct the student in modern methods of movement education through the use of rhythmical activities.

## 351. Coaching Football (2) F—Odd Years

Modern techniques of coaching and training in the sport of football.

## 352. Coaching Basketball (2) F—Even Years

Theory and practice in the fundamentals of men's and women's basketball designed to benefit teachers going into the coaching field.

## 353. Coaching Baseball (2) S—Odd Years

Modern techniques of coaching and training in the sport of baseball.

## 354. Coaching Volleyball and Softball (2) S—Even Years

Fundamentals and strategy utilized in coaching volleyball and softball.

## 362. Sport Finance

Prerequisite: ACC 211

Basic finance concepts in the sport industry. An investigation into the real world of financial management and how to apply financial concepts and appreciate sound sport management operations. The course will distinguish the skills and principles of finance from those of economics. Taxation, legal issues, financial analysis, and planning will also be covered as they relate to the sport industry.

## 400. Ethics in Sport (3) S—Odd Years

Reciprocal: CHR 400.

A study of the development of a code of ethics in sport management including the effect of relativism and rationalism on ethical behavior, personal moral development levels, and the effects of personal ethics on organizational responsibility.

## 410. Adaptive Physical Education (3) S

A course to acquaint the student with physical education techniques and procedures involved in teaching typical and atypical students.

## 411. Practicum: Adaptive Physical Education (4) As Needed

A course designed to provide experiences in working with special populations. A minimum of 140 clock hours, to include orientation, seminars, and other duties deemed necessary by supervisor is required.

## 414. Kinesiology (3) F

Prerequisite: BIO 221.

A study of the human musculature and the body's structural relationship to exercise and skilled motor performances.

## 415. Physiology of Exercise (3) S

Prerequisite: BIO 221.

Physiological changes which occur during and after physical activity including circulatory, respiratory, endocrine, and nervous systematic adjustments.

## 416. Tests and Measurements in Health and Physical Education (3) F

Basic statistical procedures, use of standardized tests, norms, screening tests, grading procedures, and test construction for skills and lecture materials pertaining to

## Athletic Training Major and Program

### Mission Statement

The mission of Union's Athletic Training Education Program is to challenge its students to become highly effective allied health care professionals and leaders in the Christian community, incorporating both professional and spiritual growth in their life plans. Union incorporates into the foundation of education the equally important components of being *Christ centered, people focused, excellence driven and future directed*. The Union University athletic training student will study in a Christ centered atmosphere that challenges students to develop spiritually and intellectually so they can serve professionally in their community as Certified Athletic Trainers and become spiritual leaders in the church. Union University's athletic training students are exposed to a dynamic scholastic environment that fuses the medical sciences with Christian faith, ethics and accountability in a variety of clinical settings including intercollegiate athletics, high school athletics, orthopedic, physical therapy and general medicine venues, and other allied health care communities.

### Competitive Admissions Process

Acceptance in Union University's Athletic Training Education Program (ATEP) involves a selective process of competitive program admission. Prospective students may declare their major to be athletic training upon entrance to Union University, but each student must still be formally admitted to the ATEP before entering into the clinical phases of the sequential curriculum. Candidates must meet all criteria for acceptance in the program. A student may complete all criteria for admission but that does not guarantee acceptance into the program. Prospective candidates must submit the formal application to the Program Director of athletic training education by April 1 of each year to be considered for fall enrollment. All applicants will be ranked in accordance with their performance in the following categories: (1) overall GPA, (2) success in pre-requisite coursework, (3) standardized scores (ACT, PSAT or equivalent), (4) recommendation/references, and (5) a formal interview with the ATEP Selection Committee. During the interview, each member of the ATEP Selection Committee will complete a scoring scale. Candidates will be evaluated on intellectual, social and technical skills relative to the athletic training profession. All components of the application process are individually weighted and scored. Individual scores are incorporated into a cumulative score that determines the candidate's rank. Enrollment in the ATEP is limited to a program capacity of

### Curriculum

#### Accreditation

The Athletic Training Program of Union University is accredited by the Commission on Accreditation of Athletic Training Education (CAATE).

#### Admission Requirements

- All applicants must apply, be accepted and admitted to Union University.
- All applicants must complete or be currently enrolled in PEWS 240 Introduction to Sports Medicine or PEWS 218 Care and Prevention of Athletic Injuries and complete the course with a grade of B (3.0 on a 4.0 scale) or better to meet the retention standards of the Athletic Training Education Program. Applicants must also complete PEWS 113, 170 and 222.
- All applicants must present a cumulative grade point average of 2.5 on a 4.0 scale.
- All applicants must submit to the Program Director a completed application for admission to the Athletic Training Education Program by the deadline of April 1 for formal enrollment in the following fall semester. Applications that are received after this date will be considered based on the maximum enrollment space available in the Athletic Training Education Program.
- All applicants must submit a current transcript from all institutions that they have previously attended.
- Criminal background check and drug screening clearance is mandatory for program admission.
- If the number of applicants outnumbers the program's spaces available, the prospective students will be asked to meet with the ATEP faculty for a formal interview.

## Course Offerings in Athletic Training (AT)

( ) Hours credit; F–Fall; W–Winter; S–Spring; Su–Summer

### 170. Taping and Risk Management (1) F

An introduction to basic taping, preparation, wrapping and casting techniques that are common practice in athletic training and sports medicine. Content is based upon the 4th Edition Nation Athletic Trainer's Association Education Competencies/Risk Management and Injury Prevention domain.

### 318. Advanced Injury Management (3) S

Prerequisite: PEWS 218

Advanced preparation for triaging, treating, managing and rehabilitating chronic and acute athletic injuries that occur in sport and physical activity. The course focuses on specific etiologies, signs, symptoms, immediate care, conservation management and surgical implications of injury and disease processes to the orthopedic anatomy. Course content

## Clinical Courses

Each clinical course carries out a modular approach to the development of clinical skills for athletic training education per the NATA Athletic Training Education Competencies for Athletic Training Education Programs, Fourth Edition. The student is required to demonstrate clinical proficiency in cognitive and psycho motor competencies that are presented in the prerequisite coursework. Clinical education also requires an evaluation of the field experience.

265. Athletic Training Clinical I (3) F  
Pre/Corequisite: PEWS 218, 240.

Basic Skills: the development of first year clinical skills and their assessment.

275. Athletic Training Clinical II (3) S  
Pre/Corequisite: PEWS 218, 240.

Risk Management: the development of first year clinical skills and their assessment.

365. Athletic Training Clinical III (3) F  
Prerequisite: AT 360.

Therapeutic Modalities: the development of second year clinical skills and their assessment.

375. Athletic Training Clinical IV (3) S  
Prerequisites: AT 361, 370.

Evaluation and General Medical Assessment: the development of second year clinical skills and their assessment.

465. Athletic Training Clinical V (3) F  
Prerequisite: AT 460.

General Medicine and Pharmacology/Therapeutic Exercise and Rehabilitation and Senior Practicum: the development of third year clinical skills and their assessment.

475. Athletic Training Clinical VI (3) S  
Prerequisites: AT 350, 455.

Professional Preparation and Senior Seminar: the development of third year clinical skills and the assessment of clinical proficiencies.

Available in each departmental prefix.

179-279-379-479. External Domestic Study Programs (1-3) As Needed

All courses and their applications must be defined and approved prior to registering.

180-280-380-480. Study Abroad Programs (1-4) As Needed

All courses and their application must be defined and approved prior to travel.

195-6-7. Special Studies (1-4) On Demand

295-6-7. Special Studies (1-4) On Demand

Lower-level group studies which do not appear in the regular departmental offerings.

395-6-7. Special Studies (1-3) On Demand

Upper-level group studies which do not appear in the regular departmental offerings.

495-6-7. Independent Study (1-4) On Demand

Individual research under the guidance of a faculty member(s).

498-9. Seminar (1-3) On Demand

To be used at the discretion of the department.