# PSMCHOLOG

# DYdUfh a Ybh cZ PgmW\c`c[m

## Cc"Y[Y cZ EXiWUh]cb UbX Hi a Ub ShiX]Yg

#### FUW i hm

HMYgUK Ygh(1-, 3). DfcZ/ggcf cZDgnWc`c[mUbX8YdUfha Ybh7\Uf. 6.5., I b]cb I b]j Yfglm/A.5., 9XG, UbX9X8., I b]j YfglmcZA Ya d\]g

>|bb|@Y|[\6`UUW(1--1

ZAg

I b]... I b]j Yfg|h.. A.5... "

K > Y

DUI`8 YgWYbYg (2000). 5 gg]gHubhDfcZ/ggcf cZDgnWc`c[mUbX8]fYWlcf cZ7ci bgY]b[GYfj]Wg 6.5., I b]j Yfg]hmcZ: `cf]XU/Dgn8., FcgYa YUXGWcc` cZDgnWc`c[m

 $\textbf{>cUbbYGHVd} \land \textbf{Ybgcb} \ (1\text{-}\ ,\ ,\ ). \ DfcZ\hspace{-0.1cm} \text{Z/ggcf} \ cZD\hspace{-0.1cm} \text{gnWc\'c} [\ m6.G\ UbXA.G, I\ b]j\ Yfg|lmcZH\hspace{-0.1cm} \text{bbYggYV} \ UhA\ Ufl]b/9X8., I\ b]$ 

j YfglmcZA Ya d\]g

8 Uj JXJ JWYfm(1-, 1). DfcZ/ggcf cZDgnWc`c[m6.5., KU\_Y: cfYghI b]j Yfglm/A.5., 5 ddUUW]Ub CHHYI b]j Yfglm/D\.8., I b]j YfglmcZ; Ycf[]U

### M]gg]cb ShUhY a Ybh

7ca a ]lhhXhc UWXYa ]Wh W`YbWUbXXYj Ycda YbhcZh\Yk\c`YdYfgcb, h\Y8 YdUfha YbhcZDgriWc`c[ mgff]j Yghc WU`Yb[ YUbX gi ddcfhgii XYblg]b XYj Ycd]b[ UVYlhYf i bXYfglbX]b[ cZ\i a Ub fYU]cbgUbX]bX]j ]Xi U UXi gha YbhVmUdd`njb[ WbWdlghc h\Yff dYfgcbU`]j ]b[.K]h\]b U7\f]gljUb WbhYh h\YdgriWc`c[ ma Ucf [ ]j Yggli XYblg h\YdfYdUfUlcb Z a Q dli XY d a Z a Q

DgnWc`c[m213, 311, (10UbX(12UfYfYei]fYXcZU`aUcfg

= A | bcf | b DgmWc`c | mi 21 \ ci fg

DgnWc`c[m213UbX(10UfYfYei]fYXcZU`a]bcfg

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## AggYgg a Ybh cZ MU^cfg

DenWc`c[mA UcfgUYfYei]fYXhchU\_YDGM(10Xif]b[h\YGYb]cfmYU UgWddebYhch\Ya Ucf.

#### ShiXYbh Of [Ub]nUh]cbg

H\Y**DgnWc`c[m7`i V**, cdYb lc U` gli XYblg dfcj ]XYg]bZcfa Ulcb fY[UY]b[ [fUXi UlYdfc[fUa gUbX`cV cddcf-li b]llYgZcf DCMa U'cfg UbX a ]bcfg dfcj ]XYg]bZcfa Ulcb Uvci hUbX YbWi fU Yg ll\YfYLX]b[ cZWffYbhk f]llb[ g]b ll\Y UYX, YbWi fU Yg UggcVJUlcb Ua cb[ DgnWc`c[mgli XYblg dfca cll\ggWc`Ugl]WUW]Yj Ya Ybh UbX dfcj ]XYg|bZcfa Ulcb lc gli XYblgk \c k Ubhlc `YUfb a cfYUVci hll\Ya U'cf.

Dg| 7\] ]gh\YBU]cbU < cbcf GcVMm]b DgnWc`c[ m,Zci bXYX 1- 2-, hc YbWi fU Y, gl]a i `UhY, UbX a U]bhU]b Yl W'-`YbW]b gWc`Ufg\]d, UbXUXj UbWh\YgMbWcZdgnWc`c[ m() < ci fg 7fYX]h': -: U`/K -K ]bhhf/G-Cdf]b[ /Gi -Gi a a Yf

#### 213 =blfcXi Wijcb lc DenWc`c[m(3):, K, G, Gi

5 gi fj YmcZh Yj U ci gUY lg |bW XYX |b h Y ÚY X h Y 3 3 3 3 3 a ] /" " X5 \*225 Gi fj YmcZ9l Wdl|cbU | h Y G Gi